

# Frugal Homemaking Starter Guide

Simple habits, homemade happiness, and savings that make a house a home

*Frugal Home Lover - Loving Life on a Budget*

Frugal homemaking is all about making the most of what you have.  
It means creating a cozy, happy, and well-run home—without overspending.  
This guide gives you the practical first steps to live well on less.

# Getting Started Checklist

- ✓ Declutter and repurpose before buying
- ✓ Create a weekly cleaning routine
- ✓ Plan meals to reduce food waste
- ✓ Start a price book
- ✓ Make your own cleaners
- ✓ Find one frugal DIY to try this month
- ✓ Set a homemaking schedule that fits your life
- ✓ Use what you have before buying new

# Homemade Cleaning Recipes

All-Purpose Cleaner:

- 1 part vinegar + 1 part water + few drops of lemon or lavender oil

Glass Cleaner:

- 1 cup water + 1 cup rubbing alcohol + 1 tbsp vinegar

Soft Scrub:

- Baking soda + dish soap (just enough to form a paste)

# Weekly Homemaking Routine

Monday - Tidy + vacuum living areas

Tuesday - Meal plan & grocery prep

Wednesday - Clean bathrooms

Thursday - Catch up on laundry

Friday - Deep clean 1 area

Saturday - DIY project or budget-friendly fun

Sunday - Rest + reset for the week

## 10 Free or Cheap Homemaking Joys

1. Light a candle during breakfast
2. Play soft music while tidying
3. Display flowers or greenery from your yard
4. Rearrange furniture for a fresh feel
5. Bake bread or muffins from scratch
6. Use cloth napkins for an elevated dinner
7. Host a potluck instead of dining out
8. Do a 'power tidy' with your kids
9. Start a homemaking journal
10. Write a gratitude list on your fridge